

## FALL GATHERING



AMAZING VALUE

\*

5 TOP PRESENTERS

\*

EXCELLENT VENUE

\*

FABULOUS FOOD

\*

AFFORDABLE FEE

\*

UNRIVALED  
OPPORTUNITY

# IPEEA

# INTERNATIONAL POLARITY EDUCATION ALLIANCE

---

**WELCOME** to the first gathering of the International Polarity Education Alliance.

This year has seen the launch of this unique venture and it seems appropriate to ground it by as many members as possible getting together and sharing their experiences and their vision for Polarity.

The relaxed format of this first gathering reflects the ethos of the Alliance, which is just enough structure to create form but enough space to give the freedom that members so value.



## SKY LAKE LODGE ROSENDALE—NY NOVEMBER 12/14th 2010

---

**The venue** for this first gathering is Sky Lake Lodge which is about 2 hours from New York city.

Limited Accommodation is available at the Lodge. 2 nights accommodation, which includes 6 meals and tea breaks, and exclusive use of the grounds is an affordable **\$295**.

It is also possible to sleep on site on tatami mats in the Shrine hall and the cost for this is **\$170** per person.

If you live nearby or have friends that you can stay with in the area or wish to stay in a local motel or

bed and breakfast then the cost is only **\$100** per person for all meals.

Please see page 2 for schedule and pages 3 & 4 for details of local accommodation and for directions to the venue at Sky Lake.

\$ 295

\$170

\$100

- *To Book your place now go to:*
- [www.polarityeducation.org/index.php/booking](http://www.polarityeducation.org/index.php/booking)

# PROGRAMME

Check in 3.00-4.30pm Friday

Closing 5 pm Sunday

The program has been devised to give everyone a chance to share in the differing personal insights into Polarity that make it such a rich system.

The schedule is fluid and there will be opportunities during the evenings for further sharing.

There will be time for talking, walking and some attendees have already volunteered to add some music to the mix.

If you can play, sing, or just hum, it's a chance for some light entertainment and enjoyment.

**Some members of IPEA have volunteered to give informal presentations and these are included below.**

## Phil Young

The popular concept behind 'The Secret' is a concept well known to Polarity therapists and that is the Law of Attraction. However there are hidden laws that have been omitted and Phil will be discussing these and how they play out in all our lives.

*Shhhh.....  
It's a secret..*

## Richard Chandler

Richard will be looking at different ways to deal with many common problems through Polarity as well as how they can be incorporated into massage practice and performed through clothing.

## Linda Diane Feldt

Linda will be sharing her experiences and observations with Cranial-Sacral Therapy in utero and during birth, as well its use in utero, during birth, and with breastfeeding support/trauma work after birth. .

## Janice Durand

The Endocrine Orchestra~ "The Guardians of our Health" ~ a focus on Ether and the Thyroid

Thru the doorway of the Ether Chakra, we will expand our consciousness of the vitality and importance of this butterfly shaped THYROID gland that controls metabolism and energy use for the billions of cells in our body. We will come away with a deeper understanding of its' interactive physiology and work within the body, of case histories & the prevalence of its' imbalance in our culture.

## Rose Khalsa

Dr. Stone's amazing perineal treatment is one of the most powerful healing tools for releasing deep patterns in the water element.

Rose will explore working with the three channels (the left, right and central) with the colors, pranic energies and balancing the cranial fluid with the perineal and the cervical vertebrae.



**A full detailed program timetable will be emailed to all participants prior to the gathering**



*This is an incredible opportunity so please clear your calendar and come along.*

## Directions to Sky Lake Lodge Tel: 845-658-8556

---

**Sky Lake is easily accessible by car, bus or plane.**

**Our physical address (not our mail address) is 22 Hillcrest Lane, Rosendale, NY 12472**

### **Driving via I-87 / New York State Thruway**

From the South: Take I-87 to Exit 18 (New Paltz). Turn left onto Route 299 towards New Paltz. Proceed 1.5 miles through the town and follow signs to 32 North. Turn right onto 32 North and continue 7 miles toward Rosendale. After crossing the second bridge, immediately turn left onto route 213 West (near "Stewart's"). Proceed 7/10ths of a mile on 213 through Rosendale. Turn left onto Keator Ave/(Route 7) and cross the bridge. Make a right and follow Keator around past St. Peter's Church. Where the road curves left, proceed straight onto Mountain Road. Sky Lake Lodge is 1.2 miles on the left. (Hillcrest Lane).

From the North: Take I-87 Southbound to Exit 19 (Kingston). From tollbooth, make the very first right (before traffic circle) towards 209 South/Ellenville . Take second exit on the right onto "209 South (Ellenville)". Proceed 10.5 miles, through Stone Ridge/Marbletown. Pass the Emmanuel's shopping plaza, then at traffic light make a left onto 213 East toward Rosendale. Go 2.5 miles through High Falls, at bottom of slope turn right onto Mossy Brook Road. (before the "B&B:Captain Schoomaker's"). Go 200 yards and make first left onto Mountain Road. Go up 1 mile, Sky Lake Lodge is on the right. (Hillcrest Lane).

### **By Bus**

Sky Lake Lodge is easily accessible by bus from NYC. Travel time is usually less than two hours.

Take the Adirondack Trailways/ Pine Hill Trailways bus from Port Authority Terminal, New York City to the Rosendale Park and Ride Bus stop in Rosendale, NY (across from the Rosendale Recreation Center.) [www.trailwaysny.com](http://www.trailwaysny.com)

There are no taxis in Rosendale, so it is necessary to arrange with the lodge ahead of time to be picked-up. A \$5 transportation fee will be charged each way. Please call us several days in advance so that we can schedule your arrival time.

### **By Plane**

The closest two airports to Sky Lake Lodge are the Albany Airport and Stewart Airport. Buses depart several times a day from the Albany airport to Rosendale, NY.

The other major airports are Newark, LaGuardia and JFK. If you are traveling to these airports, it is recommended that you rent a car at the airport and drive to the lodge. If this is not possible, it is necessary to take a cab, shuttle or subway to Manhattan. Then follow the directions above for travel by bus from Port Authority Bus Station.





## ALTERNATIVE ACCOMMODATION

The Stone House in Hurley, 845-339-4041

[www.hurleystonehouse.com](http://www.hurleystonehouse.com)

Captain Schoonmaker's B&B, 845-687-7946,

[www.captainschoonmakers.com](http://www.captainschoonmakers.com)

---

There may be opportunities for car sharing and local pick up to and from Sky Lake.

### **CAR SHARE**



To see who is offering what or who is in need of a ride please check the Gathering Travel Guestbook at the web address below

<http://www.polarityeducation.org/index.php/booking/travel>

## SEE YOU THERE

The International Polarity Education Alliance  
supported by The Polarity Network

[www.polarityeducation.org](http://www.polarityeducation.org)  
[www.polaritynetwork.com](http://www.polaritynetwork.com)